

Lactose Free

breakfast

poached eggs on toast

with crispy bacon — €6
with smoked salmon — €8

with avocado — €6
with mixed mushrooms — €8

bajd u bejken (*slightly spicy*) — €5

ftira / fried egg / crispy bacon / avocado / rocket / harissa mayo (LF)

avo toast — €8.50

brown toast / avocado & tahini spread / beet hummus / chili flakes / poached eggs
coriander / spring onions / dukkah

hummus toast — €7.8

toast, tahini hummus, poached eggs, salsa verde, rucola

add:

avocado — €1.50
mixed mushrooms — €1.90

crispy bacon — €1.50
cured salmon — €2.50

Please note that we do not have a separate, isolated gluten-free kitchen, so although every precaution is taken, we cannot guarantee absolute zero cross-contamination.

emma's kitchen

Lactose Free

lunch

chicken pita (*slightly spicy*) - €8.50

za'atar chicken / tahini hummus / roasted chickpeas / rocket / harissa mayo (LF) / soft pita

bajd u bejken (*slightly spicy*) - €6

ftira / fried egg / crispy bacon / avocado / rocket / harissa mayo (LF)

falafel pita (*spicy*) - €7.50

soft pita / baked falafel / chili oil / cucumber / couscous (*add hummus for 50c*)

gochujang (*spicy*) - €12.50

gochujang chicken OR mushroom / sticky rice / edamame beans / scallion oil / soft soy egg (*add homemade kimchi for €1*)

khao soi (*slightly spicy*) - €9.50

egg noodles / ground pork OR tofu / yellow thai curry sauce / coriander / crispy onions
lime / fresh chili / spring onions

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emma's kitchen

Lactose Free

pork / tofu udon noodles - €11.50

curried pork OR tofu / udon noodles / spring onion / sesame seeds / soy-mirin sauce /
fried egg / crispy onion

falafel salad - €8.20

baked falafel / salad leaves / cabbage / rocket / beet hummus

buddha bowl - €9.50

roasted chickpeas / quinoa / cucumber / beet hummus / red cabbage / baked falafel /
edamame / mushrooms

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emma's kitchen