

Gluten & Lactose Free

breakfast

poached eggs on gf toast

with crispy bacon — €6.40

with smoked salmon — €8.40

with avocado — €6.40

with mixed mushrooms — €8.40

bajd u bejken (*slightly spicy*) — €6.40

gluten-free bun / fried egg / crispy bacon / avocado / rocket / harissa mayo (LF)

avo toast — €8.90

gluten-free toast / avocado & tahini spread / beet hummus / chili flakes / poached eggs
coriander / spring onions / dukkah

hummus toast — €8.20

gluten-free toast, tahini hummus, poached eggs, salsa verde, rucola

add:

avocado — €1.50

mixed mushrooms — €1.90

crispy bacon — €1.50

cured salmon — €2.50

Please note that we do not have a separate, isolated gluten-free kitchen, so although every precaution is taken, we cannot guarantee absolute zero cross-contamination.

emma's kitchen

Gluten & Lactose Free

lunch

chicken pita (*slightly spicy*) - €8.90

za'atar chicken / tahini hummus / roasted chickpeas / rocket / harissa mayo (LF) / gf wrap

bajd u bejken (*slightly spicy*) - €6.40

gluten-free bun / fried egg / crispy bacon / avocado / rocket / harissa mayo (LF)

falafel pita (*spicy*) - €7.90

baked falafel / gf wrap / cucumber / chili oil / rocket (*add hummus for 50c*)

khao soi (*slightly spicy*) - €9.50

pork OR tofu / sticky rice / yellow thai curry sauce / spring onions / lime / coriander / red chili

gochujang (*spicy*) - €12.50

gochujang chicken OR mushroom / sticky rice / edamame beans / scallion oil / soy egg (*add homemade kimchi for €1*)

Please note that we do not have a separate, isolated gluten-free kitchen, so although every precaution is taken, we cannot guarantee absolute zero cross-contamination.

emma's kitchen

Gluten & Lactose Free

falafel salad - €8.20

baked falafel / salad leaves / cabbage / rocket / beet hummus

buddha bowl - €9.50

roasted chickpeas / quinoa / cucumber / beet hummus / red cabbage / baked falafel / edamame / mushrooms

Please note that we do not have a separate, isolated gluten-free kitchen, so although every precaution is taken, we cannot guarantee absolute zero cross-contamination.

emma's kitchen