

# Wheat & Lactose Free

## BREAKFAST MENU

EGGS ON GF TOAST  
with crispy bacon €6.4  
with smoked salmon €8.4

BAJD U BEJKEN €5.4  
gluten-free bun, fried egg, crispy bacon, avocado, rocket,  
harissa mayo (LF)

AVO TOAST €8.9  
gluten-free toast, avocado & tahini spread, beet hummus, chili  
flakes, poached eggs, coriander, spring onions, dukkah  
*[note: tahini may contain traces of gluten]*

HUMMUS TOAST €8.2  
GF toast, tahini hummus, poached eggs, salsa verde  
*[note: tahini may contain traces of gluten]*

+ add avocado/bacon for €1.50

NB: dishes may contain traces of gluten and lactose

## *Wheat & Lactose Free*

### LUNCH MENU

BAJD U BEJKEN €5.4  
gluten-free bun, fried egg, crispy bacon, avocado, rocket,  
harissa mayo (LF)

GOCHUJANG CHICKEN €12-  
gochujang chicken (or mushroom), sticky rice, edamame beans,  
scallion oil

FALAFEL SALAD €7.5  
baked falafel, cabbage slaw, rocket, beet hummus

BUDDHA BOWL €8.5  
roasted chickpeas, quinoa, cucumber, beet hummus,  
red cabbage, edamame, mushrooms, baked falafel

NB: dishes may contain traces of gluten and lactose

## Wheat-Free

### BREAKFAST MENU

EGGS ON GF TOAST  
with crispy bacon €6.4  
with smoked salmon €8.4

BAJD U BEJKEN €5.4  
gluten-free bun, fried egg, crispy bacon, avocado, rocket,  
harissa mayo (LF)

AVO TOAST €8.9  
gluten-free toast, avocado & tahini spread, beet hummus, chili  
flakes, poached eggs, coriander, spring onions, dukkah  
*[note: tahini may contain traces of gluten]*

HUMMUS TOAST €8.2  
gluten-free toast, tahini hummus, poached eggs, fried halloumi,  
rocket, salsa verde  
*[note: tahini may contain traces of gluten]*

+ add avocado/bacon for €1.50

NB: dishes may contain traces of gluten

## *Wheat-Free*

### LUNCH MENU

BAJD U BEJKEN gluten-free bun, fried egg, crispy bacon, avocado, rocket, harissa mayo (LF)	€5.4
CHIPOTLE PUMPKIN SOUP	€6.5
GOCHUJANG CHICKEN gochujang chicken, sticky rice, edamame beans, scallion oil [add homemade kimchi for €1]	€12-
CHICKEN & HALLOUMI SALAD za'atar chicken, quinoa, pan-seared halloumi, oakleaf lettuce, roasted chickpeas	€9.5
FALAFEL SALAD baked falafel, salad leaves, cabbage, rocket, beet hummus, yogurt	€7.5
BUDHHA BOWL roasted chickpeas, quinoa, cucumber, beet hummus, red cabbage, baked falafel, edamame, mushroom	€8.5

NB: dishes may contain traces of gluten

## *Lactose-Free*

### BREAKFAST MENU

EGGS ON TOAST

with crispy bacon

€6.-

with smoked salmon

€8.-

BAJD U BEJKEN

€5.-

ftira, fried egg, crispy bacon, avocado, rocket, harissa mayo (LF)

AVO TOAST

€8.5

brown toast, avocado & tahini spread, beet hummus, chili flakes,  
poached eggs, coriander, spring onions, dukkah

*[note: tahini may contain traces of gluten]*

HUMMUS TOAST

€7.8

sourdough toast, tahini hummus, poached eggs, salsa verde

*[note: tahini may contain traces of gluten]*

+ add avocado/bacon for €1.50

## *Lactose-Free*

### LUNCH MENU

BAJD U BEJKEN	€5
ftira, fried egg, crispy bacon, avocado, rocket, harissa mayo (LF)	
FALAFEL PITA	€6.8
soft pita, baked falafel, chili oil, cucumber, couscous - add hummus for 50c	
ASIAN PULLED PORK	€8.5
ciabatta, asian pulled pork, mayo (LF), red cabbage, mustard	
GOCHUJANG CHICKEN	€12-
gochujang chicken, sticky rice, edamame beans, scallion oil, soft soy egg [add homemade kimchi for €1]	
KHAO SOI	€9.5
egg noodles, thai curry sauce, ground pork, cilantro, crispy onions	
PORK/TOFU UDON NOODLES	€10.5
curried pork/tofu, udon noodles, spring onion, sesame seeds, soy-mirin sauce, fried egg, crispy onion	
FALAFEL SALAD	€7.5
baked falafel, salad leaves, cabbage, rocket, beet hummus	
BUDHHA BOWL	€8.5
roasted chickpeas, quinoa, cucumber, beet hummus, red cabbage, edamame, mushrooms, baked falafel	